

Author	Title	Edition	Date	Copies
AKONG TULKU RINPOCHE	TAMING THE TIGER: TIBETAN TEACHINGS FOR IMPROVING DAILY LIFE		1994	1 Bris.
AKSHAYA KUMAR BANERJEA	PHILOSOPHY OF GORAKNATH, WITH GORAKSH-VACANCA-SANGRAHA		1962	1 Bris.
ALBOM, Mitch	TUESDAYS WITH MORRIE: AN OLD MAN, A YOUNG MAN AND LIFE'S GREATEST LESSON		1998	1 Bris.
AMALDAS, BRAHMACHARI	YOGA AND CONTEMPLATION		1982	1 Bris.
AMALDAS, BRAHMACHARI	YOGA AND CONTEMPLATION		1980	1 Bris.; 1 Syd.
ANDERSON, SHERRY & HOPKINS, PATRICIA	THE FEMININE FACE OF GOD: THE UNFOLDING OF THE SACRED IN WOMEN		1992	1 Syd.
ASHLEY-FARRAND, THOMAS	CHAKRA MANTRAS;; LIBERATE YOUR SPIRITUAL GENIUS THROUGH CHANTING		2006	1 Syd.
ASSAGIOLI, ROBERTO	THE ACT OF WILL		1974	2 Bris.; 1 Syd.
ASSAGIOLI, ROBERTO	PSYCHOSYTHESIS		1976	2 Bris.; 1 Syd.
AUROBINDO, SRI	BASES OF YOGA		1993	1 Bris.
AUROBINDO, SRI	THE ESSENTIAL AUROBINDO; EDITED BY ROBERT A McDERMOTT		1987	1 Bris.
AUROBINDO, SRI	THE ESSENTIAL AUROBINDO/ EDITED BY ROBERT A McDERMOTT		c1973	1 Bris.: 1 Syd.
AUROBINDO, SRI	ESSAYS ON THE GITA		1970	1 Bris.
AUROBINDO, SRI	THE INTEGRAL YOGA: SRI AUROBINDO'S TEACHING AND METHOD OF PRACTICE		1993	1 Bris.
AUROBINDO, SRI	LETTERS ON YOGA. PART 3		1971	1 Bris.
AUROBINDO, SRI	LIGHTS ON YOGA		1981	1 Bris.
AUROBINDO, SRI	REBIRTH AND KARMA		1991	1 Bris.
[AUROBINDO, SRI]	SRI AUROBINDO AND HIS YOGA/ BY MP PANDIT		1987	1 Syd.
[AUROBINDO, SRI]	THE SUNLIT PATH: PASSAGES AND WRITINGS OF THE MOTHER		1984	1 Bris.
AVALON, ARTHUR (SIR JOHN WOODROFFE)	THE SERPENT POWER: THE SECRETS OF TANTRIC AND SHAKTIC YOGA		1974	1 Syd.
BABA, MEHER	THE EVERYTHING AND THE NOTHING		1963	1 Bris.
BALL, PAMELA	LUCID DREAMING: AND THE ART OF DREAMING CREATIVELY		2000	1 Syd.
BATCHELOR, STEPHEN	BUDDHISM WITHOUT BELIEFS: A CONTEMPORARY GUIDE		1998	1 Syd>

BECK, CHARLOTTE JOKO	EVERYDAY ZEN		1989	1 Bris.
BENSON, HERBERT	THE RELAXATION RESPONSE		2000	1 Syd.
BERNARD, THEOS	HATHA YOGA: THE REPORT OF PERSONAL EXPERIENCE		1950	1 Bris.
BERNE, ERIC	GAMES PEOPLE PLAY: THE PSYCHOLOGY OF HUMAN RELATIONSHIPS		1964	2 Bris.
BHAGAVAD GITA	THE BHAGAVAD GITA; translated by Juan Mascaro		1962	1 Bris.; 1 Syd.
BHAGAVAD GITA	THE SONG CELESTIAL, OR BHAGAVAD -GITA; translated by Sir Edward Arnold		1985	1 Bris.
BHAGAVAD GITA	THE BHAGAVADGITA, with an introductory essay, Sanskrit text, English translation and notes by s. Radhakrishnan	2nd ed	1949	1 Syd.
BHAGAVAD GITA	THE YOGA OF THE BHAGAVAD GITA, BY SRI KRISHNA PREM	2nd ed	1973	
BIHAR SCHOOL OF YOGA	INSIGHT INTO PRANAYAMA		n.d	1 Bris.
BLACKMAN, SUSHILA (ED)	GRACEFUL EXITS: HOW GREAT BEINGS DIE: DEATH STORIES OF TIBETAN, HINDU AND ZEN MASTERS		1997	1 Bris.
BLOOM, WILLIAM	MEDITATION IN A CHANGING WORLD		1987	1 Bris.
BLYTH, R. H.	ZEN AND ZEN CLASSICS, 5 VOLS		1966	1 Bris. (5 volumes)
BODENHAMER, BOB G AND HALL, L MICHAEL	TIME LINING; PATTERNS FOR ADVENTURING IN "TIME"		1997	1 Syd.
BONE, JAMES & RADHIKA RANDALL	YOGA + YOGA PRACTICES		2006	1 Bris.; 1 Syd.
BOWDON, ROS AND PALMER, JENNY	WHY YOGA?: WHAT IT DOES FOR PEOPLE AND HOW THEY USE IT IN EVERYDAY LIFE		1986	1 Syd.
BOWNESS, CHARLES	THE PRACTICE OF MEDITATION		1979	1 Bris.
BRAHMA KUMARIS	CREATIVE RAJ YOGA STUDY BOOK		1995	1 Syd.
BRAHMA KUMARIS	INNER BEAUTY	3rd ed	1995	1 Syd.
BRAHMA KUMARIS	JUST A MOMENT	3rd ed	1996	1 Syd.
BRAHMA KUMARIS	NEW BEGINNINGS	6th ed	1996	1 Syd.
BRAHMA KUMARIS	PRACTICAL MEDITATION	5th ed	1996	1 Syd.
BRANDJES, SOPHIA	YOGA AND LIVING SKILLS		1987	1 Bris.
BRENA, STEVEN F	YOGA AND MEDICINE: THE MERGING OF YOGIC CONCEPTS WITH MODERN MEDICAL KNOWLEDGE		1973	1 Syd.
BREWSTER, BARBARA MARIE	JOURNEY TO WHOLENESS		1992	1 Bris.

BRUNTON, PAUL	A SEARCH IN SECRET INDIA		1965	1 Bris.
BRUNTON, PAUL	THE SECRET PATH: A TECHNIQUE OF SPIRITUAL SELF-DISCOVERY FOR THE MODERN WORLD		1935	1 Syd.
BRUNTON, PAUL	THE SPRITUAL CRISIS OF MAN		1974	1 Bris.; 1 Syd.
BUBER, MARTIN	BETWEEN MAN AND MAN		1961	1 Bris.
BUCKE, RICHARD MAURICE	COSMIC CONSCIOUSNESS: A STUDY OF THE EVOLUTION OF THE HUMAN MIND		1923, repr 1968	1 Bris.
BUDDHIST SCRIPTURES	BUDDHIST SCRIPTURES/selected and translated by Edward Conse		1959	1 Bris.
BUDHANANDA, SWAMI	MOOLA BANDHA		n.d.	1 Bris.
BUDHANANDA, SWAMI	THE MIND AND ITS CONTROL		1978	1 Bris.
CAREY, LINDA	A GLOSSARY OF SANSKRIT TERMS/ TURIYA YOGA FOUNDATION		n.d.	1 Syd.
CARRINGTON, HERWARD	HIGHER PSYCHICAL DEVELOPMENT: YOGA PHILOSOPHY		1983	1 Bris.
CASTANEDA, CARLOS	THE ART OF DREAMING		1994	1 Bris.
CASTANEDA, CARLOS	THE EAGLES'S GIFT		1982	1 Bris.; 1 Syd.
CASTANEDA, CARLOS	THE FIRE FROM WITHIN		1984	1 Bris.; 1 Syd.
CASTANEDA, CARLOS	JOURNEY TO IXTLAN:THE LESSONS OF DON JUAN		1974	1 Bris.; 1 Syd.
CASTANEDA, CARLOS	THE POWER OF SILENCE: FURTHER LESSONS OF DON JUAN		1987	1 Bris.; 1 Syd.
CASTANEDA, CARLOS	THE SECOND RING OF POWER		1979	1 Bris.; 1 Syd.
CASTANEDA, CARLOS	A SEPARATE REALITY: FURTHER CONVERSATIONS WITH DON JUAN		1971	1 Syd.
CASTANEDA, CARLOS	TALES OF POWER		1976	1 Bris.; 1 Syd.
CASTANEDA, CARLOS	THE TEACHINGS OF DON JUAN: A YAQUI WAY OF KNOWLEDGE		1970	1 Bris.
CASTANEDA, CARLOS	THE TEACHINGS OF DON JUAN: A YAQUI WAY OF KNOWLEDGE		1998	1 Syd.
[CASTANEDA, CARLOS]	BORDER CROSSINGS: A PSYCHOLOGICAL PERSPECTIVE ON CARLOS CASTANEDA'S PATH OF KNOWLEDGE/by Donald Lee Williams		1981	1 Syd.
CHETWYND, TOM	DICTIONARY FOR DREAMERS		1974	1 Bris.
CHODRON, PEMA	WHEN THINGS FALL APART: HEART ADVICE FOR DIFFICULT TIMES		2000	1 Bris.
CHRISTENSON, ALICE	YOGA OF THE HEART: TEN ETHICAL PRINCIPLES FOR GAINING LIMITLESS GROWTH, CONFIDENCE, AND ACHIEVEMENT		1998	1 Syd.

CONNOLLY, PETER	A STUDENT'S GUIDE TO THE HISTORY AND PHILOSOPHY OF YOGA		2007	1 Syd.
COULTER, H DAVID	ANATOMY OF HATHA YOGA: A MANUAL FOR STUDENTS, TEACHERS, AND PRACTITIONERS		2001	1 Syd.
DALAI LAMA	THE ART OF HAPPINESS: A HANDBOOK FOR LIVING		1998	1 Bris.
DALAI LAMA	STAGES OF MEDITATION		2001	1 Syd.
DALAL, NERGIS	YOGA FOR REJUVENTATION: REVITALIZING TECHNIQUES OF THE YOGIS		1984	1 Bris.
DAY, HARVEY	ABOUT YOGA DIET		1969	1 Bris.
DAY, HARVEY	YOGA ILLUSTRATED DICTIONARY		1974	1 Bris.
DE BONO, EDWARD	LATERAL THINKING: A TEXTBOOK FOR CREATIVITY		1977	1 Bris.
DE BONO, EDWARD	THE USE OF LATERAL THINKING		1967	1 Bris.
DE MELLO, ANTHONY	SADHANA: A WAY TO GOD		1985	1 Bris.
DE RUITER, JOHN	UNVEILING REALITY		2000	1 Bris.
DESHIMARU, TAISIN	QUESTIONS TO A ZEN MASTER		1985	1 Bris.
DESIKACHAR, T.K.V.	RELIGIOUSNESS IN YOGA: LECTURES ON THEORY AND PRACTICE		1980	1 Bris.
DEVANANDA, VISHNU	MEDITATION AND MANTRAS		1978	1 Bris.
DEVANANDA, SWAMI VISHNU	MEDITATION AND MANTRAS		1981	1 Bris.
DEVI, INDRA	RENEW YOUR LIFE THROUGH YOGA		1963	1 Bris.
DHAMMAPADA, THE	DHAMMAPADA, THE:THE PATH OF PERFECTION, translated with an introduction by Juan Mascano		1973	1 Bris.
DONNER, FLORINDER	BEING-IN-DREAMING: AN INITIATION INTO A SORCERERS' WORLD		1991	1 Syd.
DREHER, DIANE	THE TAO OF PEACE: A MODERN GUIDE TO THE ANCIENT WAY OF PEACE AND HARMONY		1991	1 Bris.
DUGGAL, SATYAPAL	TEACHING YOGA		1985	1 Bris.
EARHART, H. BYRON	RELIGION IN THE JAPANESE EXPERIENCE		1974	1 Bris.
EDGE, LUCY	YOGA SCHOOL DROPOUT		2005	1 Syd.
EDWARDS, GILL	STEPPING IN TO THE MAGIC: A NEW APPROACH TO EVERYDAY LIFE		1993	1 Bris.

EVANS, WENTZ	THE TIBETAN BOOK OF THE DEAD: OR THE AFTER-DEATH EXPERIENCES ON THE BAIDO (??) PLANE, ACCORDING TO LAMA KAZI DAWA-BAMDUP'S ENGLISH RENDERING		1957	1 Bris.
FARADAY, ANN	THE DREAM GAME		1976	1 Bris.; 1 Syd.
FARADAY, ANN	THE DREAM POWER		1973	1 Bris.; 1 Syd.
FENLON, MARIAN	YOGA: JOURNEY TO HEALTH		1988	1 Bris.
FERGUSON, JOHN	AN ILLUSTRATED ENCYCLOPAEDIA OF MYSTICISM, AND THE MYSTERY RELIGIONS		1976	1 Bris.
FEUERSTEIN, GEORG	THE DEEPER DIMENSION OF YOGA		n.d.	1 Bris.; 1 Syd.
FEUERSTEIN, GEORG	ENCYCLOPAEDIC DICTIONARY OF YOGA		1990	1 Bris.
FEUERSTEIN, GEORG	THE ESSENCE OF YOGA: A CONTRIBUTION TO THE PSYCHOHISTORY OF INDIAN CIVILIZATION		1974	1 Bris.
FEUERSTEIN, GEORG AND BODIAN, STEPHAN(ed.)	LIVING YOGA: A COMPREHENSIVE GUIDE FOR DAILY LIFE		1993	1 Syd.
FEUERSTEIN, GEORG	THE SHAMBALA GUIDE TO YOGA		1996	1 Bris.; 1 Syd.
FEUERSTEIN, GEORG	THE SHAMBALA ENCYCLOPEDIA OF YOGA		2000	1 Bris.
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FEUERSTEIN, GEORG	TEXTBOOK OF YOGA		1975	2 Bris.; 1 Syd.
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FEUERSTEIN, GEORG	THE YOGA TRADITION: ITS HISTORY, LITERATURE, PHILOSOPHY AND PRACTICE		2001	1 Syd.
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FONTANA, DAVID	THE MEDITATION HANDBOOK: THE PRACTICAL GUIDE TO EASTERN AND WESTERN MEDITATION TECHNIQUES		1992	1 Syd.
FONTANA, DAVID	THE SECRET LANGUAGE OF SYMBOLS: A VISUAL KEY TO SYMBOLS AND THEIR MEANINGS		1993	1 Syd.
FORD, ADAM	SEEKING SILENCE IN A NOISY WORLD: THE ART OF MINDFUL SOLITUDE		2011	1 Syd.
FRANKS, SAMSKRTI & JUDITH	HATHA YOGA: MANUAL II		1978	1 Bris.
FREKE, TIMOTHY	THE WISDOM OF THE TIBETAN LAMAS		1998	1 Bris.
FREUD, SIGMUND	A PRIMER OF FREUDIAN PSYCHOLOGY / Calvin Hall		1979	2 Bris.; 1 Syd.

FROMM, ERICH	THE ART OF LOVING		1974; c.1956	1 Bris.; 1 Syd.
FROMM, ERICH	ESCAPE FROM FREEDOM		1965	1 Bris.
FROMM, ERICH	THE FEAR OF FREEDOM		1960	1 Syd.
FROMM, ERICH	TO HAVE OR TO BE?		1978	1 Syd.
FROMM, ERICH	ZEN BUDDHISM AND PSYCHOANALYSIS/Erich Fromm, D.T. Suzuki and Richard de Martino		1974	1 Bris.; 1 Syd.
FULGHUM, ROBERT	ALL I REALLY NEED TO KNOW I LEARNED IN KINDERGRATEN		1988	1 Bris.
GANGCHEN, TYS, LAMA	SADHANA: A WAY TO GOD	3rd ed	n.d.	1 Bris.
GAUDING, MADONNA	SIX KEYS TO BUDDHIST LIVING: SIMPLE RULES FOR JOY AND PEACE OF MIND		2005	1 Syd.
GAWAIN. SHAKTI	LIVING IN THE LIGHT: GUIDE TO PERSONAL AND PLANETARY TRANSFORMATION		1986	1 Bris.
GAYNOR, FRANK	DICTIONARY OF MYSTICISM		1953	1 Bris.
GIBRAN, KAHLIL	THE PROPHET		1979	1 Bris.
GIBRAN, KAHLIL	THE PROPHET		1972	1 Syd.
GOLAS, THADDEUS	THE LAZY MAN'S GUIDE TO ENLIGHTENMENT	2nd ed	1972	1 Syd.
GOLD, PETER	NAVAJO AND TIBETAN SACRED WISDOM:THE CIRCLE OF THE SPIRIT		1994	1 Syd.
GOLDSTEIN, JOSEPH	THE EXPERIENCE OF INSIGHT: A SIMPLE AND DIRECT GUIDE TO BUDDHIST MEDITATION		1983	1 Bris.
GOLEMAN, DANIEL	THE MEDITATIVE MIND: THE VARIETIES OF MEDITATIVE EXPERIENCE		1988	1 Bris.
GOWANS, CHRISTOPHER W	PHILOSOPHY OF THE BUDDHA		2003	1 Syd.
GRAF VON DURKHEIM, KARLFRIED	THE WAY OF TRANSFORMATION: DAILY LIFE IN SPIRITUAL EXERCISE		1971	1 Bris.
GRAF VON DURKHEIM, KARLFRIED	UH AH: SOME OBSERVATIONS FROM BOTH SIDES OF THE REFRIGERATOR DOOR		1992	1 Bris.
GRAY, HENRY	ANATOMY DESCRIPTIVE AND SURGICAL		1985	1 Bris.
GRAY, JOHN	YOUR GUIDE TO THE ALEXANDER TECHNIQUE		1990	1 Syd.
GRIFFITHS, BEDE	A NEW VISION OF REALITY: WESTERN SCIENCE AND EASTERN MYSTICISM		?	1 Bris.
[GRIFFITHS, BEDE]	BEDE GRIFFITHS AND SANYASA/Jesu Rajan		1989	1 Syd.
GRIFFITHS, JAY	PIP PIP: A SIDEWAYS LOOK AT TIME		1999	1 Syd.

GRIGG, RAY	THE TAO OF RELATIONSHIPS: A BALANCING OF MAN AND WOMAN		1989	1 Bris.
GUENTHER, HERBERT V AND TRUNGPA, CHOYAM	THE DAWN OF TANTRA		1975	1 Syd.
HAICH, ELISABETH	SEXUAL ENERGY AND YOGA		1972	1 Bris.
HALL, DORIEL	HOW TO MEDITATE	2nd ed	2005	1 Syd.
HANSON, PETER	THE JOY OF STRESS		1986	1 Syd.
HARRIS, RUSS	THE REALITY SLAP: HOW TO FIND FULFILMENT WHEN LIFE HURTS		2011	1 Syd.
HARRISON, ERIC	THE ART OF HAPPINESS: HOW TO MEDITATE FOR A CALM, CLEAR AND OBSERVANT MIND		2007	1 Syd.
HARDING, D E	HEAD OFF STRESS		1990	1 Bris.
HARRIS, THOMAS A	I'M OK - YOU'RE OK		1973	1 Bris.
HART, LOUISE	ON THE WINGS OF SELF-ESTEEM: A COMPANION FOR PERSONAL TRANSFORMATION		1994	1 Syd.
HENDLER, SHELDON SAUL	THE OXYGEN BREAKTHROUGH: 30 DAYS TO AN ILLNESS FREE LIFE		1989	1 Bris.
HERNANDEZ, ANA	THE SACRED ART OF CHANT: PREPARING TO PRACTICE		2005	1 Syd.
HENDERSON, JULIE	THE JIGGLE BOOK: HOW TO FEEL AS GOOD AS YOU CAN IN SPIRE OF EVERYTHING		1995	1 Syd.
HERRIGAL, EUGEN	ZEN IN THE ART OF ARCHERY		1953	1 Bris.
HESSE, HERMANN	SIDDHARTHA		1973	1 Bris., 1 Syd.
HEWITT, JAMES	THE COMPLETE YOGA BOOK		nd	1 Bris.
HEWITT, JAMES	YOGA		1960	1 Syd.
HINDU MYTHS	HINDU MYTHS: A SOURCEBOOK TRANSLATED FROM THE SANSKRIT		1975	1 Bris.
HIRSCHI, GERTRUD	MUDRAS: YOGA IN YOUR HANDS		2000	1 Syd.
HITTLEMAN, RICHARD	INTRODUCTION TO YOGA		1969	1 Bris.
HITTLEMAN, RICHARD	YOGA: THE 8 STEPS TO HEALTH AND PEACE		1976	1 Bris.
HOARE, SOPHY	YOGA		1977	1 Bris.
HODGKINSON, LIZ	THE ALEXANDER TECHNIQUE		1988	1 Syd.
HOUBEIN, LOLO	TIBETAN TRANSIT		1999	1 Bris.

HOWARD, VERNON	MYSTIC PATH TO COSMIC POWER		1967	1 Bris.
HUGHES-CALERO, HEATHER	WOMAN BETWEEN THE WIND		1990	1 Bris.
HUMAN BODY: AN ILLUSTRATED GUIDE TO EVERY PART OF THE HUMAN BODY AND HOW IT WORKS			2001	1 Syd.
HUMPHREYS, CHRISTMAS	BUDDHISM	3rd ed	1962	1 Bris.; 1 Syd.
HUMPHRIES, CHRISTMAS	THE BUDDHIST WAY OF ACTION: A WORKING PHILOSOPHY OF DAILY LIFE		1977	1 Bris.
IYENGAR, B K S	LIGHT ON PRANAYAMA: PRANAYAMA DIPIKA		1983	1 Syd.
IYENGAR, B K S	THE CONCISE LIGHT ON YOGA: YOGA DIPIKA		1980	1 Bris.
IYENGAR, B K S	THE CONCISE LIGHT ON YOGA: YOGA DIPIKA		1982	1 Bris.
IYENGAR, B K S	LIGHT ON YOGA:YOGA DIPIKA		1979	1 Syd.
IYENGAR, B K S	THE TREE OF YOGA: YOGA VRKSA		1994	1 Syd.
JAMIESON, THERESA	YOGA FOR PREGNANCY [BOOK + DVD]		2004	1 Bris.
JANAKANANDA, SWAMI	YOGA, TANTRA AND MEDITATION IN DAILY LIFE		1991	1 Bris.
JOHNSON, ALIX	YOGA:THE ESSENCE OF LIFE		2004	1 Syd.
JONES, CAROLINE	AN AUTHENTIC LIFE: FINDING, MEANING AND SPIRITUALITY IN EVERYDAY LIFE		1998	1 Bris.; 1 Syd.
JONES, CAROLINE	THE SEARCH FOR MEANING		1989	1 Bris.
JOSHI, K S	YOGA IN DAILY LIFE		1985	1 Bris.
[JUNG, CARL]	AN INTRODUCTION TO JUNG'S PSYCHOLOGY/Frieda Fordham	3rd ed	1968	1 Syd.
JUNG, CARL	MAN AND HIS SYMBOLS		1964	1 Syd.
JUNG, CARL	A PRIMER OF JUNGIAN PSYCHOLOGY / Calvin S Hall AND VJ NORDBY		1973	2 Bris.; 1 Syd.
KABAT-ZINN, JON	MINDFULNESS MEDITATION FOR EVERYDAY LIFE		1994	1 Syd.
KAMINOFF, LESLEY	YOGA ANATOMY		2007	1 Bris.; 1 Syd.
KEAWKUNGWAL, SRI-RUEN	BUDDHISM AND EXISTENTIAL PSYCHOTHERAPY: AN INTRODUCTION FOR LAYMEN		1989	1 Syd.
KEMPTON, SALLY	MEDITATION FOR THE LOVE OF IT: ENJOYING YOUR OWN DEEPEST EXPERIENCE		2011	1 Bris.; 1 Syd.
KEYES, KEN	HANDBOOK OF HIGHER CONSCIOUSNESS		1975	1 Bris.

KHANTIPALO, BHIKKHU	CALM AND INSIGHT: A BUDDHIST MANUAL FOR MEDITATORS		1981	1 Bris.
KIRSCHNER, M J	YOGA FOR HEALTH AND VITALITY		1979	1 Bris.
KLEIN, JEAN	I AM		1989	1 Bris.
KLEIN, JEAN	LIVING TRUTH		1995	1 Bris.
KOPP, SHELDON B	EVEN A STONE CAN BE A TEACHER: LEARNING AND GROWING FROM THE EXPERIENCES OF EVERYDAY LIFE		1985	1 Syd.
KOPP, SHELDON B	IF YOU MEET THE BUDDHA ON THE ROAD, KILL HIM! THE PILGRIMAGE OF PSYCHOTHERAPY PATIENTS		1976	1 Bris.; 1 Syd.
KRISHNA, GOPI	THE AWAKENING OF KUNDALINI		1975	1 Syd.
KRISHNAMURTI, J	FREEDOM FROM THE KNOWN		1975	1 Syd.
KRISHNAMURTI, J	MEDITATIONS		1991	1 Bris.
KRISHNAMURTI, J	THE PENGUIN KRISHNAMURTI READER		1970	1 Syd.
KRISHNAMURTI, J	THE SECOND KRISHNAMURTI READER		1973	1 Syd.
KRIYANANDA,Sri	YOGA POSTURE FOR HIGHER AWARENESS		1967	1 Bris.
KRIYANANDA,Sri	YOGA POSTURES FOR SELF AWARENESS	4th ed	1971	1 Bris.
LAO TZU	TAO TE CHING/translated with an introduction by DC Lau		1963	1 Syd.
LAO TZU	TAO TE CHING /TRANSLATED CH'U TA-KAO		1985	1 Bris.
LEVINE, STEPHEN	EMBRACING THE BELOVED: RELATIONSHIP AS A PATH OF AWAKENING		1996	1 Bris.
LEVINE, STEPHEN	A GRADUAL AWAKENING		1993	1 Bris.
LEVINE, STEPHEN	GUIDED MEDITATIONS, EXPLORATIONS AND HEALINGS		1991	1 Bris.
LIDELL, LUCY	THE SENSUAL BODY: THE ULTIMATE GUIDE TO BODY AWARENESS AND SELF-FULFILLMENT		1987	1 Bris.; 1 Syd.
LODEN, GESHE ARCHARYA THUBTEN	THE GRADUATED PATH TO ENLIGHTENMENT		1980	1 Bris.
LONG, RAY	THE KEY MUSCLES OF HATHA YOGA. (SCIENTIFIC KEYS VOLUME 1)	3rd ed	2006	1 Bris.; 1 Syd.
LONG, RAY	THE KEY POSES OF HATHA YOGA (SCIENTIFIC KEYS VOLUME II)		2009	1 Syd.
MACKENZIE, VICKI	CAVE IN THE SNOW: A WESTERN WOMAN'S QUEST FOR ENLIGHTENMENT		1998	1 Bris.
MAHARSHI,RAMANA	THE SPITITUAL TEACHING OF RAMANA MAHARSHI		1988	1 Bris.; 1 Syd.

MAHARSHI	RAMANA MAHARSHI AND THE PATH OF SELF KNOWLEDGE/ Arthur Osborne		1987	1 Bris.
MAHESHWARANANDA, PARAMHANS	THE PATH OF CONSCIOUSNESS		1986	1 Bris.
MAJITHIA, SURENDRA SINGH	THE GREAT YOGIC SERMON		1969	1 Bris.
MASLOW, ABRAHAM	RELIGIONS, VALUES AND PEAK EXPERIENCES		1976	1 Bris.
MASLOW, ABRAHAM	TOWARDS A PSYCHOLOGY OF BEING	2nd ed	1968	1 Bris.
MAY, ROLLO	THE COURAGE TO CREATE		1975	1 Bris.; 1 Syd.
MAY, ROLLO	LOVE AND WILL		1969	1 Bris.; 1 Syd.
MAY, ROLLO	MAN'S SEARCH FOR HIMSELF		1980	1 Syd.
MAY, ROLLO	PSYCHOLOGY AND THE HUMAN DILEMMA		1979	1 Syd.
MEARES, AINSLIE	RELIEF WITHOUT DRUGS		1970	1 Syd.
MEARES, AINSLIE	THE WEALTH WITHIN: SELF-HELP THROUGH A SYSTEM OF RELAXING MEDITATION		1978	1 Bris.
MEHTA, SILVA	HOW TO USE YOGA: A STEP BY STEP GUIDE TO THE IYENGAR METHOD OF YOGA FOR RELAXATION, HEALTH AND WELL-BEING	3rd ed	2000	1 Syd.
MEHTA, SILVA	YOGA: THE IYENGAR WAY		1990	3 Bris.; 1 Syd.
MELICK, JILL	THE NATURAL ARTISTRY OF DREAMS: CREATIVE WAYS TO BRING THE WISDOM OF DREAMS TO WAKING LIFE		1996	1 Bris.
MOHAN, A G	YOGA FOR BODY, BREATH AND MIND: A GUIDE TO PERSONAL REINTEGRATION		2002	1 Bris.
MOODY, HARRY R	THE FIVE STAGES OF THE SOUL		1998	1 Bris.
MOORE, THOMAS	CARE OF THE SOUL: A GUIDE FOR CREATING DEPTH AND SACREDNESS IN EVERYDAY LIFE		1992	1 Bris.
MOORE, THOMAS	SOUL MATES: HONORING THE MYSTERIES OF LOVE AND RELATIONSHIPS		1994	1 Bris.
MORRISON, JUDITH H	THE BOOK OF AYURVEDA: A GUIDE TO PERSONAL WELLBEING		1994	1 Syd.
MUKTANANDA MEANJIN	LAST CLASS: A STORY OF JOY AND COURAGE IN THE FACE OF DEATH/written and edited by John E Ransley		2006	1 Syd.
MUKTANANDA PARAMAHANSA, SWAMI	CHITSHAKTI VILAS: THE PLAY OF CONSCIOUSNESS		1972	1 Bris.
MUKTANANDA PARAMAHANSA, SWAMI	THE PLAY OF CONSCIOUSNESS (CHITSHAKTI VILAS)		1974	1 Bris.
MUKTANANDA PARAMAHANSA, SWAMI	SATSUNG WITH BABA, VOL.4		1978	1 Bris.
MUKTANANDA SARASWATI, SWAMI	NAWA YOGINI TANTRA	2nd ed	1983	1 Bris.

MUKTIBODHANANDA, SWAMI	HATHA YOGA PRADIPIKA: LIGHT ON HATHA YOGA	3rd ed	1998	1 Syd.
MUKTIBODHANANDA, SWAMI	SWARA YOGA: THE TANTRIC SCIENCE OF BRAIN BREATHING		1984	1 Syd.
MUMFORD, JONN	A CHAKRA AND KUNDALINI WORKBOOK	4th ed	2005	1 Syd.
MURPHY, JOSEPH	THE AMAZING LAWS OF COSMIC MIND POWER		1965	1 Bris.
MURPHY, JOSEPH	COLLECTED ESSAYS OF JOSEPH MURPHY		1990	1 Bris.
MURPHY, JOSEPH	THE COSMIC POWER WITHIN YOU		1968	1 Bris.
MURPHY, JOSEPH	THE POWER OF YOUR SUBCONSCIOUS MIND		1963	1 Bris.
MURTAGH, JOHN	BACK PAIN	2nd ed	1986	1 Bris.
MURTY, K SATCHIDANANDA (ed.)	READINGS IN INDIAN HISTORY AND PHILOSOPHY		1967	1 Syd.
NAN SHIN	DIARY OF A ZEN NUN		1986	1 Bris.
NARANJO, CLAUDIO AND ROBERT E ORNSTEIN	ON THE PSYCHOLOGY OF MEDITATION		1972	2 Bris.; 1 Syd.
NIRANJANANDA SARASWATI, SWAMI	PRANA PRANYAMA PRANA VIDYA	2nd ed	2001	1 Bris.
NORBU, CHOGYAL NAMKHAI	THE CRYSTAL AND THE WAY OF LIGHT: SUTRA, TANTRA AND DZOGCHEN		1993	1 Bris.
NORBU, CHOGYAL NAMKHAI	THE CYCLE OF DYA AND NIGHT: WHERE ONE PROCEEDS ALONG THE PATH OF THE PRIMORDIAL YOGA		1987	1 Bris.
NORBU, CHOGYAL NAMKHAI	DZOGCHEN: THE SELF-PERFECTED STATE		1996	1 Bris.
NORBU, CHOGYAL NAMKHAI	THE EIGHT MOVEMENTS OF YANTRA YOGA: TO STRENGTHEN AND HARMONIZE THE VITAL ENERGY		1998	1 Bris.
NORBU, CHOGYAL NAMKHAI	THE MIRROR: ADVICE ON THE PRESENCE OF AWARENESS		1996	1 Bris.
NORBU, CHOGYAL NAMKHAI	THE SUPREME SOURCE: THE KUNJED GYALPO: THE FUNDAMENTAL TANTRA OF DZOGCHEN SEMDE		1999	1 Bris.
NORBU, CHOGYAL NAMKHAI	TEACHINGS OF YANTRA YOGA		1995	1 Bris.
O'HARA, VALERIE	THE FITNESS OPTION: FIVE WEEKS TO HEALING STRESS	2nd ed	1990	1 Bris.
OSHO	MEDITATION: THE FIRST AND LAST FREEDOM: A PRACTICAL GUIDE TO MEDITATION		1995	1 Bris.
OTTO, RUDOLF	THE IDEA OF THE HOLY: AN INQUIRY INTO THE NON-RATIONAL FACTOR IN THE IDEA OF THE DIVINE AND ITS RELATION TO THE RATIOANL		1958	1 Bris.
PALMER, MAAIDA	A MAN'S REACH SHOULD EXCEED HIS GRASP: THE COLLECTED WORKS OF MAAIDA PALMER		2004	1 Bris.; 1 Syd.
PALMER, MAAIDA AND RATNARAJAH, ALAN	NOTES ON THE SANKHYAN PHILOSPHICAL SYSTEM		nd	1 Bris.

PARAMAHANSA MAHESHWARANANDA, SWAMI	MEETINGS WITH A YOGI		1994	1 Bris.
PARRINDER, GEOFFREY	THE WORLD'S LIVING RELIGIONS		1964	1 Syd.
PATANJALI	APHORISMS OF YOGA/translated by Shree Purohit Swami with an introduction by WB Yeats		1973	1 Syd.
PATANJALI	HOW TO KNOW GOD: THE APHORISMA OF PATANJALI/translated with a new commentary by Swami Prabhavananda and Christopher Isherwood		1953	1 Syd.
PATANJALI	PATANJALI'S MEDITATION YOGA, TRANSLATION AND COMMENT BY VYN BAILEY		1997	1 Bris.
PATANJALI, V.	THOUGHTS ON INDIAN MYSTICISM		1978	1 Syd.
PECK, M SCOTT	THE ROAD LESS TRAVELLED: A NEW PSYCHOLOGY OF LOVE, TRADITIONAL VALUES AND SPIRITUAL GROWTH		1990	1 Bris.: 1 Syd.
PHILLIPS, KATHY	THE SPIRIT OF YOGA		2005	1 Syd.
PRABHUPADA, A C BHAKTVEDANTA, SWAMI	KRSNA: THE SUPREME PERSONALITY OG GODHEAD		1970	1 Bris.
PRABHUPADA, A C BHAKTVEDANTA, SWAMI	THE PERFECTION OF YOGA		1972	2 Bris.
PRABHUPADA, SWAMI	SRI ISOPANISAD		1978	1 Bris.
PRASAD, TARKESHWAR	RENUNCIATION AND SALVATION: YOGA - VASISTHA		1982	1 Bris.
PREM, SRI KRISHNA	INITIATION INTO YOGA: AN INTRODUCTION TO THE SPIRITUAL LIFE		1976	2 Bris.; 1 Syd.
PRUDDEN, SUZY	I CAN EXERCISE ANYWHERE BOOK		1981	1 Bris.
RADHA, SWAMI SIVANANDA	HATHA YOGA: THE HIDDEN LANGUAGE		1995	1 Bris.
RADHAKRISHNAN, SIR SARVEPALLI	THE HINDU WAY OF LIFE		1980	1 Syd.
RAMACHARAKA, YOGI	ADVANCED COURSE IN YOGI PHILOSOPHY AND ORIENTAL OCCULTISM		1931	1 Bris.
RAMACHARAKA, YOGI	FOURTEEN LESSONS IN YOGI PHILOSOPHY AND ORIENTAL OCCULTISM		1964	1 Bris.
RAMACHARAKA, YOGI	SCIENCE OF BREATH: A COMPLETE MANUAL OF THE ORIENTAL BREATHING PHILOSOPHY OF PHYSICAL, MENATL, PSYCHIC AND SPIRITUAL DEVELOPMENT		1905	1 Bris.
RAMACHARAKA, YOGI	A SERIES OF LESSONS IN RAJA YOGA		1966	1 Syd.
RATNARAJAH, Alan	A STUDY OF THE BHAGAVAD GITA		nd	1 Bris.
RAWSON, PHILIP	THE ART OF TANTRA		1978	1 Bris.
REICH, WILHELM	REICH SPEAKS OF FREUD		1961	1 Bris.
REICH, WILHELM	SELECTED WRITINGS: AN INTRODUCTION TO ORGONOMY		1973	1 Bris.

REANNEY, DARRYL	THE DEATH OF FOREVER: A NEW FUTURE FOR HUMAN CONSCIOUSNESS		1991	1 Syd.
REICH, WILHELM	WILHELM REICH: LIFE FORCE EXPLORER/ JAMES WYCKOFF		1973	1 Bris.
REINER, TRAUDL & WALTER	YOGA FOR CATS		1991	1 Bris.; 1 Syd.
REPS, PAUL	10 WAYS TO MEDITATE			1 Bris.
REPS, PAUL (COMP)	ZEN FLESH, ZEN BONES		1971	1 Bris.
RHAM, CAT DE AND GILL, MICHELE	THE SPIRIT OF YOGA		2001	1 Syd.
RICHARDSON, ROSAMUND AND WARD, JAMES	THE BEGINNER BEAR'S BOOK OF YOGA		1994	1 Syd.
RIEKER, HANS ULRICH	THE YOGA OF LIGHT: HATHA YOGA PRADIPIKA INDIA'S CLASSICAL HANDBOOK		1989	1 Bris.
ROSS, GILLIAN	IS THERE LIFE BEFORE DEATH?: REFLECTIONS ON OUR SPIRITUAL AWAKENING		1999	1 Syd.
RUBAIYAT OF OMAR KHAYYANI	RUBAIYAT OF OMAR KHAYYANI/ DONE INTO ENGLISH BY EDWARD FITZGERALD		nd	1 Bris.
SADHU, MOUNI	CONCENTRATION: AN OUTLINE OF PRACTICAL STUDY		1959	1 Bris.
SADHU, MOUNI	WAYS TO SELF-REALIZATION: A MODERN EVALUATION OF OCCULTISM AND SPIRITUAL PATHS		1962	1 Bris.
SAIONJI, MASAMI	THE GOLDEN KEY TO HAPPINESS		1995	1 Bris.
SANTA MARIA, JACK	ANNA YOGA: THE YOGA OF FOOD		1978	1 Bris.
SARADANANDA, SWAMI	CHAKRA MEDITATION: DISCOVER ENERGY, CREATIVITY, FOCU, LOVE, COMMUNICATION, WISDOM AND SPIRIT		2008	1 Syd.
SATCHIDANANDA, SRI SWAMI	THE GOLDEN PRESENT: DAILY INSPIRATIONAL READINGS		1987	1 Bris.
SATYANANDA SARASWATI, SWAMI	ASANA PRANYAMA, MUDRA, BANDHA	2nd rev ed	1996	2 Bris.; 1 Syd.
SATYANANDA SARASWATI, SWAMI	ASANA PRANYAMA, MUDRA, BANDHA	6th ed	1983	1 Bris.
SATYANANDA SARASWATI, SWAMI	EARLY TEACHINGS OF SWAMI SATYANANDA SARASWATI		1988	1 Bris.
SATYANANDA SARASWATI, SWAMI	KUNDALINI TANTRA		1984	2 Bris.
SATYANANDA SARASWATI, SWAMI	MEDITATIONS FROM THE TANTRAS	2nd ed	1975	1 Bris.; 1 Syd.
SATYANANDA SARASWATI, SWAMI	SURYA NAMASKARA: A TECHNIQUE OF SOLAR VISUALIZATION	2nd ed	1983	1 Bris.
SATYANANDA SARASWATI, SWAMI	TEACHINGS OF SWAMI SATYANANDA		1981	3 Bris.
SATYANANDA SARASWATI, SWAMI	YOGIC MANAGEMENT OF COMMON DISEASES	3rd ed	1992	1 Bris.

SATYANANDA SARASWATI, SWAMI	YOGA NIDRA		1984	1 Bris.
SATYESWARANANDA GIRI, SWAMI	THE BHAGAVAD GITA: INTERPRETATIONS OF LAHIRI MAHASAY		1991	1 Bris.
SATYESWARANANDA GIRI, SWAMI	THE BHAGAVAD GITA: INTERPRETATIONS OF SRIYUKTESWAR		1991	1 Bris.
SAYAMA, MIKE K	SAMADHI: SELF DEVELOPMENT IN ZEN, SWORDSMANSHIP AND PSYCHOTHERAPY		1986	1 Bris.
SCHAEF, ANNE WILSON	MEDITATIONS FOR WOMEN WHO DO TOO MUCH		c1990	1 Bris.
SEGESMAN, MARGRIT	WINGS OF POWER: PROGRESSIVE YOGA RELAXATION		1973	1 Bris.
SEKIDA, KATSUKI	ZEN TRAINING: METHODS AND PHILOSOPHY		1975	1 Bris.
SEN, K M	HINDUISM		1961	1 Bris.; 1 Syd.
SHANKARANANDA, SWAMI	SELF-INQUIRY: USING YOUR AWARENESS TO UNBLOCK YOUR LIFE		2008	1 Syd.
SHAPIRO, ISAAC	OUTBREAK OF PEACE: SATSANG WITH ISAAC SHAPIRO		1997	1 Bris.
SHARMA, I C	ETHICAL PHILOSOPHIES OF NDIA		1965	1 Syd.
SHARMA, PANDIT SHIV	YOGA AGAINST SPINAL PAIN		1972	1 Syd.
SINHA, PHULGENDA	YOGIC CURE FOR COMMON DISEASES	Rev ed	1980	1 Syd.
SIVANANDA, [SRI] SWAMI	BLISS DIVINE: A BOOK OF SPIRITUAL ESSAYS ON THE LOFTY PURPOSE OF HUMAN LIFE AND THE MEANS TO ITS ACHIEVEMENT		1974	1 Bris.
SIVANANDA, SRI SWAMI	CONCENTRATION AND MEDITATION		1975	1 Bris.
SIVANANDA, [SRI] SWAMI	JAPA YOGA: A COMPREHENSIVE TREATISE ON MANTRA-SASTRA		1978	1 Bris.
SIVANANDA, [SRI] SWAMI	MIND: ITS MYSTERIES AND CONTROL		1974	1 Bris.
SIVANANDA, [SRI] SWAMI	TANTRA YOGA, NADA YOGA AND KRIYA YOGA		1994	1 Bris.
SIVANANDA YOGA CENTER	THE SIVANANDA COMPANION TO YOGA/LUCY LIDELL		1986	1 Bris.; 1 Syd.
SIVANANDA, [SRI] SWAMI	SIVANANADA YOGA VEDANTA CENTRES/SIVAVANDA YOGA TEACHERS MANUAL		nd	1 Bris.
SKY, MICHAEL	BREATHING: EXPANDING YOUR POWER AND ENERGY		1990	1 Bris.
SMART, NINIAN	BACKGROUND TO THE LONG SEARCH		1977	1 Syd.
SMITH, HUSTON	THE RELIGIONS OF MAN		1965	1 Syd.
SMOOT, GEORGE	WRINKLES IN TIME: THE IMPRINT OF CREATION		1993	1 Bris.

SOGYAL, RINPOCHE	GLIMPSE AFTER GLIMPSE: DAILY REFLECTIONS ON LIVING AND DYING		1995	1 Bris.
SOGYAL, RINPOCHE	MEDITATION/ EDITED BY PATRICK GAFFNEY AND ANDREW HARVEY		1994	1 Bris.
SOGYAL, RINPOCHE	THE TIBETAN BOOK OF LIVING AND DYING		1992	1 Bris.
SOURCEBOOK OF INDIAN PHILOSOPHY, A	A SOURCEBOOK OF INDIAN PHILOSOPHY, EDITED BY SARVEPALLI RADHAKRISHNAN AND CHARLES A. MOORE		1957	1 Bris.
SOURCES OF INDIAN TRADITION	SOURCES OF INDIAN TRADITION, VOLUME 1		1958	1 Syd.
SPALDING, BAIRD T	LIFE AND TEADHING OF THE MASTERS OF THE FAR EAST, VOLS 1 - 5		1964	1 Bris.
SPEAKING OF SIVA	SPEAKING OF SIVA/ TRANSLATED WITH AN INTRODUCTION BY A. K. RAMANUJAN		1973	1 Bris.
STERN, ELLEN SUE	RUNNING ON EMPTY: MEDITATIONS FOR INDISPENSBALE WOMEN		1992	1 Bris.
SUENAKA, ROY	COMPLETE AIKIDO - AIKIDO KYOHAN: THE DEFINITIVE GUIDE TO THE WAY OF HARMONY		1997	1 Bris.
SUPREME YOGA, THE	THE SUPREME YOGA: YOGA VASISTHA, A NEW TRANSLATION BY SWAMI VENKATESANANDA	4th ed	1998	1 Bris.
SUTCLIFFE, JENNY	THE COMPLETE BOOK OF RELAXATION TECHNIQUES		1991	1 Syd.
SUZUKI, DAVID	EARTH TIME		1998	1 Bris.
TAGORE READER, A	A TAGORE READER		1966	1 Bris.
TAIMNI, I. K.	THE SCIENCE OF YOGA: THE YOGA-SUTRAS OF PATANJALI		1975	3 Bris.; 1 Syd.
TAIMNI, I. K.	THE ULTIMATE REALITY AND REALIZATION: SIVA - SUTRA		1976	1 Bris.
TART, CHARLES T	LIVING THE MINDFUL LIFE		1994	1 Bris.; 1 Syd.
TART, CHARLES T	STATES OF CONSCIOUSNESS		1975	1 Syd.
TART, CHARLES T	WAKING UP: OVERCOMING OBSTACLES TO HUMAN POTENTIAL		1987	1 Bris.
TARTHANG TULKU (ED)	DIMENSIONS OF THOUGHT: CURRENT EXPLORATIONS IN TIME SPACE AND KNOWLEDGE, V1-2, EDITED BY RALPH MOON UNDER THE DIRECTION OF TARTHANG TULKU		1980	2 Bris.; 1 Syd.
TARTHANG TULKU	DYNAMICS OF TIME AND SPACE		1994	1 Bris.; 1 Syd.
TARTHANG TULKU	HIDDEN MIND OF FREEDOM		1981	1 Bris.; 1 Syd.
TARTHANG TULKU	THE JOY OF BEING		2006	1 Bris.; 1 Syd.
TARTHANG TULKU	KNOWLEDGE OF FREEDOM: TIME TO CHANGE		1984	1 Bris.; 1 Syd.

TARTHANG TULKU	KNOWLEDGE OF TIME AND SPACE			1990	2 Bris.; 1 Syd.
TARTHANG TULKU	KUM NYE RELAXATION, PTS 1-2			1978	5 Bris.; 2 Syd.
TARTHANG TULKU	LIGHT OF KNOWLEDGE: ESSAYS ON THE INTERPLAY OF KNOWLEDGE, TIME AND SPACE			1997	1 Bris.
TARTHANG TULKU	LOVE OF KNOWLEDGE			1987	2 Bris.; 1 Syd.
TARTHANG TULKU	A NEW KIND OF KNOWLEDGE: EVOCATIONS, EXHIBITIONS, EXTENSIONS. EXCAVATIONS, EDITED BY JACK PETRANKER [TARTHUNG TULKU VISION]			2004	1 Bris.
TARTHANG TULKU	A NEW WAY OF BEING: ENCOUNTERS, ENGAGEMENTS, EXPLORATIONS, APPLICATIONS, EDITED BY JACK PETRANKER [TARTHUNG TULKU VISION]			2004	1 Bris.
TARTHANG TULKU	OPENNESS MIND			1978	1 Bris.; 1 Syd.
TARTHANG TULKU	REFLECTIONS OF MIND/EDITED BY TARTHANG TULKU			1975	2 Bris.; 1 Syd.
TARTHANG TULKU	SACRED DIMENSIONS OF TIME AND SPACE			1997	1 Bris.
TARTHANG TULKU	SKILLFUL MEANS			1978	1 Bris.; 1 Syd.
TARTHANG TULKU	TIBETAN MEDITATION: PRACTICAL TEACHINGS AND STEP-BY-STEP EXERCISES ON HOW TO LIVE IN HARMONY, PEACE AND HAPPINESS			2006	1 Bris.; 1 Syd.
TARTHANG TULKU	TIBETAN RELAXATION: KUM NYE MASSAGE AND MOVEMENT			2003	1 Bris.; 1 Syd.
TARTHANG TULKU	TIME, SPACE AND KNOWLEDGE: A NEW VISION OF REALITY			1977	2 Bris.; 1 Syd.
TARTHANG TULKU	VISIONS OF KNOWLEDGE: LIBERATION OF THE MODERN MIND			1993	1 Syd.
TARTHANG TULKU	WHEN IT RAINS DOES SPACE GET WET? LIVING THE TIME-SPACE-KNOWLEDGE VISION/JACK PETRANKER [TARTHUNG TULKU VISION]			2006	1 Bris.
TEN PRINCIPAL UPANISHADS, THE	TEN PRINCIPAL UPANISHADS, THE, PUT INTO ENGLISH BY SHREE PUROHIT (?SP) SWAMI AND WB YEATS			1970	2 Bris.
TENZIN, THUBTEN	EASTERN MEDICINE FOR WESTERN MINDS			n.d.	1 Syd.
THIRTEEN PRINCIPAL UPANISHADS	THE THIRTEEN PRINCIPAL UPANISHADS/translated by Robert Hume	2nd rev ed		1931	1 Syd.
THOMAS. EDWARD	THE LIFE OF BUDDHA, AS LEGEND AND HISTORY	3rd rev ed		1949	1 Bris.
TIBETAN BOOK OF THE DEAD	THE TIBETAN BOOK OF THE DEAD: THE GREAT LIBERATION THROUGH HEARING IN THE BARDO/ a new translation with commentary by Francesca Fremantle			1975	1 Syd.
TOHEI, KOICHI	THE BOOK OF KI: COORDINATING MIND AND BODY IN EVERYDAY LIFE			1979	2 Bris.
TOBIAS, MAXINE	THE COMPLETE STRETCHING BOOK, MAXINE TOBIAS & JOHN PATRICK SULLIVAN			1992	1 Bris.

TOLLE, ECKHART	THE POWER OF NOW: A GUIDE TO SPIRITUAL ENLIGHTENMENT		1999	1 Syd.
TONSING, CAROL, ed	MEDITATIONS FOR THE NEW AGE		1989	1 Bris.
TRUNGPA, CHOGYAM	CUTTING THROUGH SPIRITUAL MATERIALISM		1973	1 Bris.; 1 Syd.
TRUNGPA, CHOGYAM	THE MYTH OF FREEDOM AND THE WAY OF MEDITATION		1976	1 Bris.; 1 Syd.
TURIYA YOGA FOUNDATION	FOUR JOURNEYS: DIFFUSION OF THE CONSCIOUS AND UNCONSCIOUS NATURE OF PERSONALITY		nd	1 Bris.; 1 Syd.
TURIYA YOGA FOUNDATION	KEN WILBER'S NO BOUNDARY: COMMENTS AND STUDY NOTES OF MAIDA AND TURIYA STUDENTS		nd	1 Bris.; 1 Syd.
TURIYA YOGA FOUNDATION	TIME, SPACE AND KNOWLEDGE: STUDENT COMMENTS AND WRITINGS		nd	1 Bris.
UPANISHADS	THE UPANISHADS/translated by Juan Mascaro		1965	1 Syd.
VAN LYSEBETH, ANDRE	PRANAYAMA: THE YOGA OF BREATHING		1979	1 Bris.; 1 Syd.
VAN LYSEBETH, ANDRE	YOGA SELF-TAUGHT		1968	1 Bris.; 1 Syd.
VASU, S C	AN INTRODUCTION TO YOGA PHILOSOPHY		1981	1 Bris.
VENKATESANANDA, SWAMI AND RENU, SIVA PADA	THE SONG OF GOD		1972	1 Bris.
VISHIVUDEVANANDA, SWAMI	THE COMPLETE ILLUSTRATED BOOK OF YOGA		1960	2 Bris.
VIVEKANANDA, SWAMI	BHAKTI-YOGA		1974	1 Syd.
VIVEKANANDA, SWAMI	JNANA-YOGA		1976	1 Syd.
VIVEKANANDA, SWAMI	KARMA-YOGA		1978	1 Syd.
VIVEKANANDA, SWAMI	MEDITATION AND ITS METHODS		1976	2 Bris.
VIVEKANANDA, SWAMI	RAJA-YOGA, OR, CONQUERING THE INTERNAL NATURE		1978	1 Bris.
VIVEKANANDA, SWAMI	TEACHINGS OF SWAMI VIVEKANANDA	5th ed.	1976	1 Syd.
WALLACE, B ALAN	MIND IN THE BALANCE: MEDITATION IN SCIENCE, BUDDHISM AND CHRISTIANITY		2009	1 Syd.
WALSH, RN AND VAUGHAN, F (EDS)	BEYOND EGO: TRANSPERSONAL DIMENSIONS IN PHILOSOPHY		1980	2 Bris.; 1 Syd.
WATTS, ALAN W	DOES IT MATTER: ESSAYS ON MAN'S RELATION TO MATERIALITY		1971	1 Syd.
WATTS, ALAN W	THE WAY OF ZEN		1962	1 Bris.
WATTS, ALAN W	THE WISDOM OF INSECURITY		1951	1 Syd.

WELCH, JOHN	SPIRITUAL PILGRIMS: CARL JUNG AND TERESA OF AVILA		1982	1 Bris.
WELWOOD, JOHN	JOURNEY OF THE HEART: INTIMATE RELATIONSHIP AND THE PATH OF LOVE		1991	1 Bris.
WELWOOD, JOHN (ed)	THE MEETING OF THE WAYS: EXPLORATIONS IN EAST/WEST PSYCHOLOGY		1979	1 Syd.
WHITE, JOHN (ed)	WHAT IS MEDITATION?		1974	1 Syd.
WHITE, MANDE	MANDE WHITE'S FOREVER PLAN		1999	1 Bris.
WIELAND-BURSTON, JOANNE	CONTEMPORARY SOLITUDE: THE JOY AND PAIN OF BEING ALONE		1996	1 Syd.
WILBER, KEN	THE ATMAN PROJECT: A TRANSPERSONAL VIEW OF HUMAN DEVELOPMENT		1980	1 Bris.
WILBER, KEN	A BRIEF HISTORY OF EVERYTHING		1996	1 Syd.
WILBER, KEN	THE ESSENTIAL KEN WILBER: AN INTRODUCTORY READER		1998	1 Syd.
WILBER, KEN	THE EYE OF THE SPIRIT: AN INTEGRAL VISION FOR A WORLD GONE SLIGHTLY MAD	3rd ed	2001	1 Bris.
WILBER, KEN	GRACE AND GRIT: SPIRITUALITY AND HEALING IN THE LIFE AND DEATH OF TREYA KILLAM WILBER		1991	1 Syd.
WILBER, KEN	INTEGRAL SPIRITUALITY: A STARTLING NEW ROLE FOR RELIGION IN THE MODERN AND POSTMODERN WORLD		2007	1 Bris.
WILBER, KEN	KEN WILBER IN DIALOGUE: CONVERSATIONS WITH LEADING TRANSPERSONAL THINKERS/edited by Donald Rothberg and Sean Kely		1998	1 Syd.
WILBER, KEN	KEN WILBER: THOUGHT AS PASSION/ FRANK VISSER		2003	1 Bris.
WILBER, KEN	THE MARRIAGE OF SENSE AND SOUL: INTEGRATING SCIENCE AND RELIGION		1999	1 Syd.
WILBER, KEN	NO BOUNDARY: EASTERN AND WESTERN APPROACHES TO PERSONAL GROWTH		1985	1 Bris.; 1 Syd.
WILBER, KEN	THE SPECTRUM OF CONSCIOUSNESS		1977	1 Syd.
WILLIAMSON, MARIANNE	A RETURN TO LOVE: REFLECTIONS ON THE PRINCIPLES OF A COURSE IN MIRACLES		1989	1 Bris.
WILLIS, JANICE D	ENLIGHTENED NEINGS: LIFE STORIES FROM THE GANDAN ORAL TRADITION		1995	1 Bris.
WILSON, PAUL	CALM AT WORK		1997	1 Bris.
WILSON, PAUL	THE CALM TECHNIQUE: MEDITATION WITHOUT MAGIC OR MYSTICISM		1985	1 Bris.
WIMALA, BHANTE Y	LESSONS OF THE LOTUS: PRACTICAL SPIRITUAL TEACHINGS OF A TRAVELLING BUDDHIST MONK		1998	1 Bris.
WISDOM OF THE EAST	THE WISDOM OF THE EAST/ Australian Broadcasting Commission		1976	1 Syd.
WOOD, ERNEST	PRACTICAL YOGA: ANCIENT AND MODERN/translation of Patanjali's Yoga Aphorisms		1972	1 Syd.

WOOD, ERNEST	SEVEN SCHOOLS OF YOGA: AN INTRODUCTION		1976	1 Bris.
WOOD, ERNEST	YOGA		1962	3 Bris.; 1 Syd.
WOOD, ERNEST	ZEN DICTIONARY		1957	1 Bris.
WORTHINGTON, VIVIAN	A HISTORY OF YOGA		1982	1 Syd.
WRIGHT, ARTHUR F	BUDDHISM IN CHINES HISTORY		1959	1 Bris.
WRIGHT, STEPHANIE	KUM NYE: WAKING UP FOR BEGINNERS		2004	1 Bris.; 1 Syd.
YESUDIAN, SELVARAJAN	SELF RELIANCE THROUGH YOGA		1975	1 Syd.
YESHE, LAMA THUBTEN	INTRODUCTION TO TANTRA: A VISION OF TOTALITY		1987	1 Bris.
YOGANANDA, PARAMAHANSA	THE ESSENCE OF SELF REALIZATION: THE WISDOM OF PARAMAHANSA YOGANANDA		1990	1 Bris.
YOGANANDA, PARAMAHANSA	JOURNEY OF SELF-REALIZATION: DISCOVERING THE GIFTS OF THE SOUL		1997	1 Bris.
YOGANANDA, PARAMAHANSA	MAN'S ETERNAL QUEST		1982	1 Bris.
YOGANANDA, PARAMAHANSA	MEJDA: THE FAMILY AND EARLY LIFE OF PARAMAHANSA YOGANANDA/ SANANDA LAL GHOSH		1980	1 Bris.
YOGANANDA, PARAMAHANSA	SAYINGS OF PARAMAHANSA YOGANANDA		1980	1 Bris.
YOGANANDA, PARAMAHANSA	SAYINGS OF PARAMAHANSA YOGANANDA:INSPIRING TO COUNSEL TO DISCIPLES		1974	1 Bris.
YOGANANDA, PARAMAHANSA	THE SCIENCE OF RELIGION		1982	1 Bris.
YOGANANDA, PARAMAHANSA	SCIENTIFIC HEALING AFFIRMATIONS: THEORY AND PRACTICE OF CONCENTRATION		1981	1 Bris.
YOGANANDA, PARAMAHANSA	WHERE THERE IS LIGHT: INSIGHT AND INSPIRATION FOR MEETING LIFE'S CHALLENGES		1988	1 Bris.
YOGANANDA, PARAMAHANSA	WHISPERS FOR ETERNITY		1975	1 Bris.
YOGA INSTITUTE (YOGENDRA, JAYADEV)	CYCLOPAEDIA OF YOGA V 1 -2		1988	2 Bris.; 1 Syd.
YOGENDRA, SHRI	FACTS ABOUT YOGA		1975	2 Bris.; 1 Syd.
YOGENDRA, SHRI	GUIDE TO YOGA MEDITATION		1983	2 Bris.; 1 Syd.
YOGENDRA, SHRI	THE HOUSEHOLD YOGI: LIFE OF SHRI YOGENDRA		1982	1 Bris.
YOGENDRA, SHRI	WHY YOGA		1976	1 Syd.
YOGENDRA, SHRI	YOGA ASANAS SIMPLIFIED		1980	1 Syd.

YOGENDRA, SHRI	YOGA ESSAYS		1973	1 Bris.
YOGENDRA, SHRI	YOGA HYGIENE SIMPLIFIED		1990	1 Bris.
YOGENDRA, SHRI	YOGA PHYSICAL EDUCATION		1974	1 Syd.
YOGENDRA, HANSA JAYADEVA	PREGNANCY, PARENTHOOD AND YOGA		1991	1 Bris.
YOGENDRA, SMT. SITADEVI	YOGA PHYSICAL EDUCATION SIMPLIFIED FOR WOMEN		1968	1 Bris.; 1 Syd.
YOGENDRA, VIJAYADEV (ED)	MIND-MADE DISEASE: IS YOUR SICKNESS REAL?		1977	1 Bris.
YOGENDRA, VIJAYADEV (ED)	UNDERSTANDING YOGA		1976	1 Syd.
YOGI BHAJAN	THE TEACHINGS OF YOGI BHAYAN		1977	1 Bris.
YUKTESWAR, SWAMI	THE HOLY SCIENCE: KAIVALYA DARSANAM		1984	1 Bris.
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